

SET THEME: I Have Feelings

Build Social and Emotional Intelligence

Guide children to deal with jealousy in the following ways:

- Help children express their feelings, such as **I feel jealous because** _____.
- Acknowledge children's feelings of jealousy. For example, say, "It must be hard for you when someone else has a toy that you want."
- Mediate jealousy among friends.
- Give words of reassurance and encouragement to the child who feels jealous.

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How to Read This Book with Children

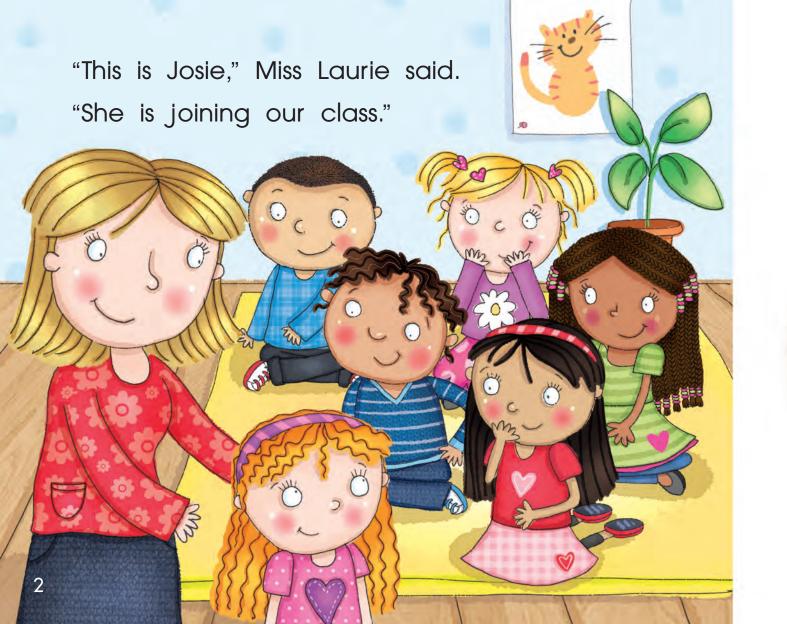
- Read aloud the title. Discuss what it means to feel jealous.
- 2. Read aloud the book with children.
- **3.** Talk about the characters' actions as you read.
- Ask children to describe how characters feel and explain how they can tell.
- 5 After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
- 6 Guide children to connect the story to their own experiences.



Jealous of Josie



by Barbara M. Linde • illustrated by Helen Poole



"Hi, Josie!" we all said.



