

# GROSS AND DISGUSTING FOOD



Julie K. Lundgren



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GROSS AND DISGUSTING THINGS

GROSS  
AND  
DISGUSTING  
FOOD

A Crabtree Branches Book

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# School-to-Home Support for Caregivers and Teachers

This high-interest book is designed to motivate striving students with engaging topics while building fluency, vocabulary, and an interest in reading. Here are a few questions and activities to help the reader build upon his or her comprehension skills.

## Before Reading:

- *What do I think this book is about?*
- *What do I know about this topic?*
- *What do I want to learn about this topic?*
- *Why am I reading this book?*

## During Reading:

- *I wonder why...*
- *I'm curious to know...*
- *How is this like something I already know?*
- *What have I learned so far?*

## After Reading:

- *What was the author trying to teach me?*
- *What are some details?*
- *How did the photographs and captions help me understand more?*
- *Read the book again and look for the vocabulary words.*
- *What questions do I still have?*

## Extension Activities:

- *What was your favorite part of the book? Write a paragraph on it.*
- *Draw a picture of your favorite thing you learned from the book.*

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# FIRE UP YOUR TASTERBUDS

Hungry people all over the world eat all kinds of foods. Some might have you reaching for a fork, while others might make you gag.





Jellied eels have strong flavor and a dramatic look.



Fork or Puke?

**Meaty** witchetty grubs from Australia taste like almonds and have crispy skin.





Brush and Floss  
Is that an insect leg caught between  
your teeth?



# GLOSSARY

**ammonia** (uh-MOH-nyee-uh): A waste product with a strong smell

**bacteria** (back-TEER-ee-uh): Tiny living things that break down food, and may cause illness

**brine** (BRYNE): A liquid of salt and vinegar used for pickling food

**caviar** (KAV-ee-ar): The pickled eggs from certain fish, like salmon and sturgeon

**fermentation** (fur-min-TAY-shun): A process by which bacteria and other tiny living things break down food

**gelatin** (JELL-uh-tin): A clear jelly made from animal skin, bones, horns, and hoofs

**intestines** (in-TES-tinz): The part of the digestive system after the stomach where nutrients are absorbed by the body

**larvae** (LAR-vee): In insects, the stage of development between egg and adult

**palm civets** (PAHM SIV-its): Small, forest animals in Asia that are active at night, eating fruit, insects, and mice

**wichetty grubs** (WICH-uh-tee GRUBZ): Larvae of certain moths in Australia

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## WEBSITES TO VISIT

<https://disgustingfoodmuseum.com>

<https://kidworldcitizen.org/category/food/>

[www.tasteatlas.com](http://www.tasteatlas.com)



# ABOUT THE AUTHOR

Julie K. Lundgren

Julie K. Lundgren grew up on the north shore of Lake Superior, a place of woods, water, and adventure. She loves bees, dragonflies, old trees, and science, and thinks no holiday is complete without pickled herring. Her interests led her to a degree in biology and a lifelong curiosity about wild places.



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